

# Kingsway Oral & Maxillofacial Surgery

## Instructions for Surgery under General Anesthetic or IV Sedation

### Pre-Surgery Instructions

- Do not eat or drink (including water) after midnight the day before your procedure.
- **Do not eat anything** the morning of your surgery.

### What to Avoid

- Do not consume alcohol within **24 hours** of surgery.
- Do not use recreational/illicit drugs for **7 days leading up to** your procedure.
- Do not smoke for **24 hours before** and **6 weeks after** your surgery.
- Do not wear scented products, makeup, or nail polish on the day of surgery.

### What to Do

- Take regular medications **as prescribed with a small sip of water** (unless otherwise advised).
- Brush your teeth well the morning of your procedure.
- Remove hoodies and jackets **before** entering the operating room.
- Wear dark coloured, loose-fitting clothing with short sleeves (preferably a T-shirt) for full access to your arms.
- Remove contact lenses before arriving.
- Remove piercings – especially in the nose, lip, tongue, and ear.
- Leave jewelry and valuables at home. We are not responsible for lost or stolen items.

### Transportation and Legal Requirements

- Patients **under 18** and those **unable to consent** legally must be accompanied by a parent, legal guardian, substitute decision maker, or someone with Power of Attorney.
  - The individual giving legal consent must provide documentation confirming their role as a legal authority for you.
- If someone other than a legal authority will accompany you, all required consent forms **must be signed in advance** of the procedure date.
- A **responsible adult must** drive you home after surgery.
- Taking a taxi/Uber, or public transportation **alone** after the procedure **is not permitted**. A **responsible adult must** accompany you home.
- It is strongly recommended that a responsible adult remain with you for the **first 24 hours** after your surgery.