“Routine Post Operative Instructions following Oral Surgery” should be followed, in addition to these special instructions unique to your surgery.

PARTIAL OR FULL DENTURES

Partial or full dentures should be kept in the mouth for the first 5 – 7 days while swelling is occurring and present. If you remove them for extended periods of time the tissue may swell and you may not be able to reinsert them for days until the swelling has subsided.

ADJUSTMENT OF PARTIAL OR FULL DENTURES

Partial or Full dentures should be adjusted by your dentist or denturist in the first 24 – 48 hours if possible. They may need to be adjusted over the following weeks as the tissue and bone heal. Failure to have dentures adjusted may result in sore spots forming as well as prolonged and painful healing of the area. This may result in ill fitting dentures and continual problems over time.

CONTROL OF POST-OPERATIVE BLEEDING

To control the bleeding, the gauze should be placed to line the top and bottom teeth (in the case of full dentures) or directly between teeth and partial denture, and firm pressure applied. Change your gauze every 30 - 45 minutes until you are seeing very little spotting or pink staining on the gauze. At this point you no longer require the gauze.

If you’re having difficulty controlling the bleeding, it may be necessary to remove the partial or full denture and apply direct pressure with the gauze to the extraction site(s). Once bleeding is stopped, replace your partial or full denture.

ORAL HYGIENE

PROPER ORAL HYGIENE IS ESSENTIAL TO REDUCE INFECTION AND ENHANCE HEALING.

Rinsing should be started the day following surgery. Remove your partial or full denture, rinse, then replace the denture immediately after. Rinse frequently, first thing in the morning, following all meals, and before you go to bed.

If you have an appointment with your dentist or denturist the morning after surgery they usually want to be the first to take the denture out. In this case, rinse with the denture in place first thing in the morning and after eating. Once you’ve had your denture adjusted it should be removed for rinsing from then on.

Dentures or Partial dentures themselves need to be cleaned when removed. Brush them first thing in the morning, after every meal and before going to bed.

You may experience discomfort removing and replacing your denture for rinsing. Rinsing one hour after pain medications will give you optimum comfort.

If you have any questions or problems, do not hesitate to call our office at 454-6565 or 1-800-379-9474. If your call is not answered by the answering service, hang up and call again in five minutes. We apologize for this inconvenience as the lines may be occupied by other callers. There is an Oral and Maxillofacial Surgeon on call ALL HOURS OF THE DAY.

WE PREFER THAT YOU CALL OUR OFFICE FIRST RATHER THAN YOUR OWN DENTIST OR FAMILY DOCTOR. However, if you are experiencing severe bleeding or breathing problems requiring IMMEDIATE ATTENTION, please proceed to the nearest Emergency Department or Dial 911.

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