

Sinus closure or involvement

“Routine Post Operative Instructions following Oral Surgery” should be followed in addition to these special instructions unique to your surgery.

SINUS PRECAUTIONS

Do not do any activities that will increase the pressure in your mouth or nose.

No smoking, No nose blowing, no holding your breath, no blowing up balloons or playing wind instruments. No drinking from straws or bottles.

Coughing, sneezing and yawning should be done with your mouth open so the pressure between mouth and nose equalizes faster.

Follow the above instructions for the period of time specified on your surgery day.

MEDICATIONS

You may be required to purchase these medications at your pharmacy.

Please follow the directions given on your surgery day.

Decongestant tabs: Take 1 tablet in the morning and 1 tablet at bedtime for 10 days.

Otrivin™ Nasal Spray: 1 spray in each nostril 3 times a day for 10 days.

If you have any questions or problems, do not hesitate to call our office at 454-6565 or 1-800-379-9474. If your call is not answered by the answering service, hang up and call again in five minutes. We apologize for this inconvenience as the lines may be occupied by other callers. There is an Oral and Maxillofacial Surgeon on call **ALL HOURS OF THE DAY.**

WE PREFER THAT YOU CALL OUR OFFICE FIRST RATHER THAN YOUR OWN DENTIST OR FAMILY DOCTOR. However, if you are experiencing severe bleeding or breathing problems requiring IMMEDIATE ATTENTION, please proceed to the nearest Emergency Department or Dial 911.

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