

Placement of Dental Implants

***“Routine Post Operative Instructions following Oral Surgery”* should be followed, in addition to these special instructions unique to your surgery.**

DIET AND NUTRITION

You will be given a specific dietary progression to follow depending on individual circumstances.

NO chewing or pressure on the surgical sites until otherwise directed.

Some patients will only be allowed liquid foodstuff for a specified number of weeks. Others may be allowed a semi-liquid or mashed diet. Others still will start with a soft diet, pasta, eggs, ground meat, casseroles, cooked vegetables, fish, chicken, etc. with a gradual return to your regular diet as you are able to tolerate it. **Please follow the individual instructions you receive on the day of your surgery.**

SMOKING

Smoking leads to implant failures.

DO NOT SMOKE

SUTURES

Self dissolving sutures are routinely used. These will release or dissolve in **1 – 6 weeks**. Loose sutures may be gently removed with tweezers or the long ends can be carefully trimmed.

PROSTHESIS

Old dentures or partial plates may not be worn until modifications have been made. You will be informed when you may have your prosthesis modified on the day of your surgery. Insertion of the dentures too early may jeopardize a successful healing process.

Temporary prostheses, dentures or partial dentures are intended for cosmetic purposes only. **NO** chewing or pressure on the prosthesis and surgical site until your Oral Surgeon allows it.

FOLLOW UP APPOINTMENT

You will require a follow up appointment after your implant surgery. This appointment may already be made for you, or you may be instructed to contact our office to schedule it. **Please follow the instruction given you the day of your surgery.** If the prearranged appointment is not suitable, please contact our office to change your date or time.

If you have any questions or problems, do not hesitate to call our office at 454-6565 or 1-800-379-9474. If your call is not answered by the answering service, hang up and call again in five minutes. We apologize for this inconvenience as the lines may be occupied by other callers. There is an Oral and Maxillofacial Surgeon on call **ALL HOURS OF THE DAY.**

WE PREFER THAT YOU CALL OUR OFFICE FIRST RATHER THAN YOUR OWN DENTIST OR FAMILY DOCTOR. However, if you are experiencing severe bleeding or breathing problems requiring IMMEDIATE ATTENTION, please proceed to the nearest Emergency Department or Dial 911.