

## Extraction of impacted teeth on the palate

***“Routine Post Operative Instructions following Oral Surgery”*** should be followed, in addition to these special instructions unique to your surgery.

### CONTROL OF POST-OPERATIVE BLEEDING

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Firm palatal pressure should be applied as constant as possible for the next 2 – 4 hours. This may be achieved by placing gauze folded into a pad on the roof of the mouth and holding firmly in place with your thumb. You may also use a tongue depressor cut to fit the width of your teeth. Take 3 – 4 gauze and fold it into a pad, placing it on the roof of your mouth and placing the tongue depressor under it so the ends extend over your teeth. Bite the teeth together to hold the tongue depressor and gauze in place creating the firm pressure.

**Check the roof of the mouth the night of surgery and the morning after surgery.** If the roof of the mouth appears to be swollen like a balloon this would indicate a large gelatinous clot may have formed under the tissue. Apply firm palatal pressure as described above to evacuate this clot. It may appear it is bleeding a lot while you are applying pressure. This is normal and is required to evacuate the large clot that’s formed.

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**If you have any questions or problems, do not hesitate to call our office at 454-6565 or 1-800-379-9474.** If your call is not answered by the answering service, hang up and call again in five minutes. We apologize for this inconvenience as the lines may be occupied by other callers. There is an Oral and Maxillofacial Surgeon on call **ALL HOURS OF THE DAY.**

**WE PREFER THAT YOU CALL OUR OFFICE FIRST RATHER THAN YOUR OWN DENTIST OR FAMILY DOCTOR. However, if you are experiencing severe bleeding or breathing problems requiring IMMEDIATE ATTENTION, please proceed to the nearest Emergency Department or Dial 911.**

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