

Exposure or uncover of teeth

***“Routine Post Operative Instructions following Oral Surgery”* should be followed, in addition to these special instructions unique to your surgery.**

DENTAL PACK

Some impacted teeth when uncovered require a dental pack be placed to prevent the tissue from healing over the teeth before orthodontic intervention. The “pack” is a hard, light cured material which needs to remain in place for 2 – 6 weeks. Visually check on a daily basis this pack is in place. If the pack comes off prior to your scheduled orthodontic appointment, please contact our office for instruction.

BRACKETS, BUTTONS OR CHAINS

These are metal objects which may be bonded to the uncovered or exposed teeth. Their purpose is to allow the orthodontist access to these teeth. Chains are generally sutured or wired up so they are out of the patient’s way while eating. If the chain is hanging loose and causing problems when chewing, please contact our office.

DIET AND NUTRITION

If a dental pack, brackets, buttons or chains have been placed, sticky toffee type foods and gum chewing should be avoided. These may inadvertently adhere to the packing or hardware and cause them to be loosened or dislodged.

ORAL HYGIENE

PROPER ORAL HYGIENE IS ESSENTIAL TO REDUCE INFECTION AND ENHANCE HEALING.

Teeth that have been uncovered or exposed and **NO** dental pack placed over need to be kept meticulously clean. The teeth are recessed in the tissue causing a large open area where food debris may be trapped.

Use the syringe provided routinely after every meal to flush the surgical area until it is completely healed. Fill the syringe with tap water, then place it directly over the surgical sites; flush the area as necessary. You may notice food debris being washed from the surgical sites for a period of time. This is normal. Rinse with the syringe until no food debris is present.

FOLLOW-UP APPOINTMENT

If a dental pack has been placed, a follow-up appointment to have this packing removed will be required. An appointment may be scheduled for you at our office or you may be advised to arrange an appointment with your dentist or orthodontist. **Please follow the instructions given you the day of your surgery.**

If you have any questions or problems, do not hesitate to call our office at 454-6565 or 1-800-379-9474. If your call is not answered by the answering service, hang up and call again in five minutes. We apologize for this inconvenience as the lines may be occupied by other callers. There is an Oral and Maxillofacial Surgeon on call **ALL HOURS OF THE DAY.**

WE PREFER THAT YOU CALL OUR OFFICE FIRST RATHER THAN YOUR OWN DENTIST OR FAMILY DOCTOR. However, if you are experiencing severe bleeding or breathing problems requiring IMMEDIATE ATTENTION, please proceed to the nearest Emergency Department or Dial 911.